

ASPO Breakfast Session

March 2023, San Diego California

Sponsored by: Lifestyle Behaviors, Energy Balance and Chemoprevention Scientific Interest Group

Cyndi Thomson and Adrenna Coletta (Co-Chairs)

Title: ENICTO: Exercise and Nutrition Interventions to Improve Cancer Treatment Outcomes: New effort to fill research gaps and inform practice

<https://enicto.bsc.gwu.edu/web/enicto/home>

Format: 3 speakers; 10 minutes each followed by 15 minutes Q/A and 30 minute Wellness Walk

Moderators: Cynthia Thomson, PhD, RD & Adriana Coletta, PhD, MS, RD

Speakers:

NCI: Tanya Agurs-Collins, PhD, RD

THRIVE-65: (Tele-Health Resistance exercise Intervention to preserve dose intensity and Vitality in Elder breast cancer patients): Kathryn Schmitz, PhD

TEAL (Trial of Exercise and Lifestyle in Ovarian Cancer): Tracy Crane, PhD

ACTION (Adaptive randomization aerobic exercise during chemotherapy for colorectal cancer):
Submitted info, no speaker

TNT (Aerobic training in advance rectal cancer): Jessica Scott

Coordinating Center: Kimberly Robien, PhD, RD

Goal: To increase awareness of this newly funded consortium across the cancer prevention and control research community

Learning Objectives:

1. Define the ENICTO consortium goals, purpose, mission and vision as well as related background literature leading to this initiative.
2. Describe each study in terms of design, population, primary and secondary outcomes.
3. Explain the potential for and process for engagement (publications, pilot studies, etc).